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The Big Book of Juices Review 400 Natural Blends PRIME

The Big Book of Juices is one of the most creative books I've seen so far. The fruit and vegetable blends are especially delicious. Who would have thought that grapefruit would go so well with carrots and celery. I've also never seen anyone blend broccoli with pears. Yet these all seem to work well. I especially enjoyed making the juice with passionfruit, orange juice and seltzer.

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The Big Book Of Juices And Smoothies 365 Natural Blends

Aside from having 365 juice blends to choose from, what I like most about this book is that it is organized by the main fruit/vegetable contained in each juice making it visually easier to find juices based on what you have.

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